

From: MAGSRowing Club magsrowclub@gmail.com

Subject: #33 Water quality & flooding, rosters, health at regattas & breakages

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To: MAGS Row magsrowclub@gmail.com, James O'Sullivan jamesos196@gmail.com, Hasan Pathan daoodh7242@gmail.com

MC

Hello MAGSROW

Please read on for information about:

- Water quality following the storm
- Rosters for the rest of the season
- Feeling unwell at a regatta?
- Breakages/damages to property
- Storm damage to ergs

1. Water quality in the Whau River

Following last week's storm, there are a significant number of alerts relating to water quality in the region.

There are no specific alerts for the Whau River (it is not a test site, see <https://safeswim.org.nz>). However, the Whau River was known to have poor water quality prior to the flooding and it is unlikely the storm has made it any better. We are recommending that all squad members follow good hygiene practices, including washing hands thoroughly with soap and water following training and covering any open cuts while they are on the water.

2. Rosters for the rest of the season

There are still a few vacancies on the rosters for the rest of the season, so if you can help, please add your name. MAGSROW can only function thanks to the help of our wonderful team of volunteers and we only have three more regattas for our full squad, so your chance to help is running out!

Head of Harbour - Lake Pupuke - next Saturday 11 February

This roster is nearly full 😊 However, as we have showers forecast for next Saturday, we will be putting our large tent up in the boat park for the squad at Lake Pupuke - this means we will need another two parents or one parent and their rower to set up over there on the evening of Friday 10 (we need eight people to put up the big tent) - if you can help, can you please add your name to the roster.

<https://docs.google.com/spreadsheets/d/1xx4b1IR45cY17Hik8luothWo1AeuzhVo8wRRiSZ7Ghs/edit#gid=0>

The rosters for the last two Karapiro regattas are here:

Aon Junior Regatta - Lake Karapiro - 24-26 February

https://docs.google.com/spreadsheets/d/1D_PE_wdcsIhvmffqzFatQZnJoxuOzvcDCFQBNIBbjTA/edit#gid=0

North Island Secondary Schools - Lake Karapiro - 9-12 March

<https://docs.google.com/spreadsheets/d/1ZhPt4KloaDbM4X3Tf0QdclpWysZslp6oSyu-yBBq38g/edit#gid=0>

3. Feeling unwell at a regatta? What to do.

If a rower is feeling unwell at a regatta, it is very important to let a coach or parent helper know immediately. Rowers, if you see that another member of your squad is unwell, please let a coach or parent know, do not try to manage it yourself. We are fortunate that there are trained first aid responders at every regatta (St John's Ambulance staff), who are able to help if needed, but we need to know to make sure that everyone gets any help that they need. Rowers, if you are feeling unwell, you will be required to go with a parent or coach to the first aid room for assessment. Parents, if any medical event occurs with your child while we are away, we will be in touch with you to let you know and to discuss a plan going forward, if required.

If your child has any medical requirements that we are not already aware of, or anything has changed with the information you provided at the start of the season, please bring this to our attention as soon as possible.

4. Breakages/damages - possible on-charging

We have unfortunately had a series of damages occur at our accommodation this year (two broken windows, broken tables, a broken toilet). Accidents do happen however, these breakages have occurred as a result of rower(s) being silly and/or not thinking about the consequences of their actions. Our accommodation providers are likely to pass on the cost of any repairs if the fault lies with us, and this is not something that has been budgeted for (as it has never occurred before). In the event that a rower damages or breaks an item through careless or reckless behaviour and in the interest of fairness to the rest of the squad, if MAGSROW is invoiced for the cost of repair we may pass this cost on to that rower's family.

5. Flooding damage to ergs

Our new erg shed at MAGS was badly flooded during last week's storms, with 30cm of water flowing through the building as a result of the adjacent stream overflowing. At least ten ergs were damaged by the deluge and we have begun an insurance claim in relation to the damage. As a result, there may be some changes to the schedule (likely to be either swapping for a different land training session or changing the venue to use the ergs at WERC). Any changes will be communicated in advance via the WhatsApp groups and transport will be arranged to or from WERC if required.

As always, please get in touch if you have any questions.

Kind regards

MAGSROW Committee and coaches

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